HEALTH AND PHYSICAL EDUCATION

Course Expectations Regarding Occupational Health and Safety (OHS)

General Considerations for Program Planning: Health and Safety

The creation of challenging and exciting learning environments in health and physical education must also reflect a concern for safety, as physical activity always involves some element of risk. The primary responsibility for the care and safety of all students rests with the school board and its employees. School board policies and procedures must be developed to help prevent or minimize the risk of injuries or accidents. Safe programming also requires safety awareness by the teacher.

Planning for health and physical education activities should include safety considerations related to equipment, clothing, footwear, facilities, student abilities, special rules or instructions, and supervision. Students are expected to assume increasing responsibility for their own safety and the safety of others.

| | MINISTRY OF EDUCATION COURSE EXPECTATIONS | LIVE SAFE! WORK SMART! | |
|---|--|------------------------|---------------------|
| | | MODULE | SECTION & PAGE |
| Grade 9 | | | |
| Healthy Active Living Education Grade 9, Open (PPL1O) | | | |
| | Healthy Living Identify strategies to minimize potentially | Societal | Section I: pgs. 4-8 |
| | dangerous situations (e.g., violence prevention, injury prevention). (OE) | Ergonomics | Optional |
| | Personal Safety and Injury Prevention: Describe specific types of physical and non- physical abuse (e.g., manipulation, intimidation, sexual harassment, verbal abuse). | | |
| | Assess the impact of non-physical abuse on victims. | | |
| | Identify the causes of abuse and violence. | | |
| | Describe solutions and strategies to address violence in the lives of young people. | | |

Note: OE and SE: Overall Expectations and Specific Expectations